

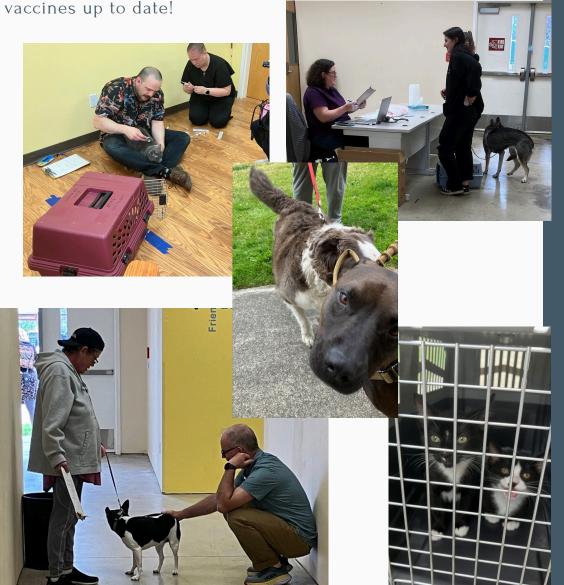
JUNE 2025

NEIGHBORHOOD

Community News Letter

ESA Health Check Up

Many thanks to Village Vets for donating animal care and to Lutheran Community Services for providing a nice space for all of PSH's clients to get their ESA



This issue:

ESA Clinic

Grillin and Chillin

COB at DP

Upcoming

Homemade Ice Cream at 22 North

More yoga, this time at Dorothy Place

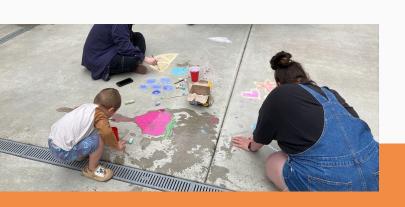
Intergenerational arts and crafts at Laurel Forest

HOT OFF THE GRILL!!!

Both Dorothy Place and 22 North got ANOTHER grill out, this brings everyone together to enjoy the sunshine and food all summer long!!!! We used the frozen ground beef and ground chicken from the food bank and made burger patties for all!!!!









OG OC BBQ MASTER

More Yoga at Laurel Forest The residents of LF loved our last yoga event so much that

The residents of LF loved our last yoga event so much that they requested more! This time Dani from Fitness Evolution lead a gentle yoga style.







Cith Of Bellingham at Dorothy Place!

City of Bellingham Parks and Recs came to DP Community Garden to lend us a dirty hand in helping our seeds grow! Mackenzie printed out a gardening plan, pairing plants that go well together and talking us through sensory gardening. Noting the plants that are great for smell, ones that are amazing to touch and of course

those to eat...or sip in some tea!!







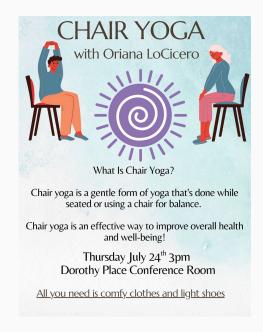


Upcoming

ICE CREAM SOCIAL! Our very own staff member will be making HOME MADE ice cream with summer fun flavors like lemon bar!



Chair Yoga at Dorothy Place! Residents of DP heard of their neighbor's yoga and want a chance to stretch as well!



Laurel Forest's kiddos coming to the seniors for some intergenerational arts and crafts!

