



MAY 2025

NEIGHBORHOOD

Community News Letter

Yoga at Laurel Forest

Oriana a staff member at OC is a newly certified yoga instructor who leads desk yoga for staff, she was happy to offer chair yoga for the residents of Laurel Forest giving the seniors a chance for gentle movement.



This issue:

Yoga at Laurel Forest

Grillin and Chillin

Talented residents at
22 North

Upcoming

Animal Vaccination Clinic

City of Bellingham Parks
and Rec at Dorothy Place
community garden

More yoga and beginning
of Wander Walks

Animal Vaccination Clinic

BBQ Cook Out!

Wander Walks with Wild
Whatcom

"Money is not the only commodity that is fun to give. We can give time, we can give our expertise, we can give our love, or simply give a smile. What does that cost? The point is, none of us can ever run out of something worthwhile to give. Steve Goodier

Summer Grill Outs!

Staff got a grill to use all summer long and we will be taking advantage of that with monthly grill outs at both Dorothy Place and 22 North all summer long!!!! We used the frozen chicken breast, potatoes and carrots from the food bank in order to decrease food waste and bring residents together and fill their bellies and put a smile on their face!



MORE BBQ PLEASE!



Talented residents at 22 North

Often society does not consider the stories of individuals experiencing chronic homelessness, however that is the beauty of 22 North, we get to personally know each resident, their past and present and get to witness their skills and talents, like this resident who was a masonry and is tapping back into his passion with this beautiful bird house that he handmade.



Upcoming

Village Veterinary Hospital and Lutheran Community Services are teaming up to provide a free pop up clinic for our 22 North and Dorothy Place residents for animal vaccinations and microchips June 25th.



Bellingham Parks and Recs are coming to Dorothy Place to do a gardening workshop for our community garden!



More yoga at Laurel Forest with yoga instructor at Fitness Evolution and the beginning of Wander Walks with Wild Whatcom

