



NOVEMBER 2024

22 NORTH

Community News Letter

Tenant Senate

Once a month the residents meet for Tenant Senate to suggest their ideas and request in improving services and the building, this month was especially active with great ideas as you can see below.

Tenant Senate 11/5/24

4 attendees Anja Di RaSt ChHy

RaSt: 1. Suggestion Box for residents
2. Peer counselor on staff

3. More options of chores in Scrub Club "sometimes just wants something to do"
4. Instead of celebrating Christopher Columbus call Thanksgiving "Fall Harvest"

Di: 1. Add clean room to Scrub Club have it on a scale of 1-10
2. Give notices for slamming doors

3. Smoking cigarette on second floor, do more walk around to inspect smoke in Hallways

Anja: 1. Bags of trash left by the trash can are not getting picked up when Larry is not here on the weekends, talk to weekend staff to pick up the bags of trash or bring in the dumpster on the weekends

ChHy: 1. Lights in the parking lot are too bright, feels like he is being watched, does not feel relaxing, messes up sleep cycle with lights that bright.

2. Have an outdoor movie night in Chuck's parking lot, getting a projector and using the flat wall against the 22 N building

This issue:

Tenant Senate Suggestoins

Vaccination Clinic

Meeting with Ideal Otions

Fall Feast Meal

Coast Drive with
Bellingham BJJ

Prepping for Winter
Holidays

Upcoming Clinics and Holiday Events

Ideal Options
Tree Decor

Holiday breakfast and
dinner

Resident holiday gifts

Vaccination Clinic

Whatcom Public Health came to do a free vaccination clinic for our residents, for those that participated (which was about 8 residents) they got pizza and candy afterwards! A great incentive for community health!



Ideal Option

First what is Ideal Option?

Ideal Option is an outpatient addiction medicine clinic in Bellingham, WA. Who provides evidence-based treatment for addiction to opioids like fentanyl, heroin, and oxycodone, and stimulants like methamphetamine and cocaine. They also provide medication-assisted treatment for alcohol withdrawal and relapse prevention.

Employees of Ideal Options met with our staff to discuss their services as well as discussed having their peer counselor come to our Community Monthly Events to do a meet and greet with the residents, from there we will continue to grow the partnership and wrap around services and hope to have their peer counselor provide a monthly drop in service for our residents.



Fall Feast

As you will see in the Tenant Senate notes, I wanted to make sure I honored the residents request and made the flyers focused around a Fall Feast! WE had smoked turkey, home smoked by a staff member, other staff members signed up for other dishes and provided residents a bountiful feast!



Coat Drive at Bellingham BJJ

Bellingham Brazilian Jujitsu is a local martial arts academy that offers free self defense seminars to downtown service industry workers, as well as sport based and self defense based judo, wrestling and jujitsu. They have held many fund raisers for great causes so I know they would be a great business to partner with for our annual coat drive. Jeff Shaw the owner was proud to support 22 North!



Upcoming

We got a grant from Whatcom Community Foundation to get a small gift for each of our residents!



WHATCOM
community
FOUNDATION

We are prepping our holiday breakfast and dinner meals!



We are excited to decorate the donated tree!

We are looking forward to building a strong partnership with Ideal Option!

Winter Wreath making and cookie decorating coming to 22 North for our Monthly Community Event!

