

DECEMBER 2024

22 NORTH

Community News Letter

The Holiday Spirit!

Decorations went up at all the buildings, residents got into the festive season and staff got into the holiday spirit as well, one of our staff members 3D printed a star for our tree!



This issue:

Holiday Decor

Wreath Making

Ideal Option's Peer Counselor joining our events

Cookies and sweet surprises

Holiday resident gifts

Upcoming

Ideal Option's Peer Counselor Services

Bingo

Unity Care Recovery Program

"Money is not the only commodity that is fun to give. We can give time, we can give our expertise, we can give our love, or simply give a smile. What does that cost? The point is, none of us can ever run out of something worthwhile to give. Steve Goodier

Winter Wreaths

Each building got a chance to make their very own wreath to hang on their door! It was so sweet to see each individual's unique creativity



Ideal Option

Ideal Option's peer counselor joined us at 22 North and Dorothy Place for our Wreath event to form relationships with our residents as the first step towards peer counseling services. It was so heart warming to see multiple residents not only recognize Dawn from Base Camp and other services but enthusiastically greet her and quickly sit down to talk to her about their lives recently. Our next step is having Dawn come to every monthly event and then coordinate a monthly drop in session for sit down, private peer counseling services for our residents.



Cookies and something even sweeter...

We had a cookie decorating event at Laurel Forest and to me and the Property Manager's surprise the residents had gotten together and bought the Property Manager a holiday gift basket to show their gratitude for all the hard work and care that she has put into their home.



Holiday Cheer

Thanks to the Whatcom Coalition we were able to give our residents not only a warm breakfast and dinner on Christmas Day, but we also were able to get each resident a mini stocking stuffed with a gift card, candy and a personalized key chain, 3D printed by one of our staff!



Upcoming

Ideal Option's Peer Counselor coming to every monthly community event at 22 North and Dorothy Place and then starting the conversation of Peer Counseling Services.



Cozy Bingo!! Prizes, hot chocolate and community fun!



Outreach to Unity Care to see if they are able to come table specifically about their Mindful Recovery Program Supporting patients in the Substance Use Disorder (SUD) program who are working on harm reduction and moderation rather than full abstinence. It provides a safe space for those in various stages of recovery.

