



Mission: Opportunity Council Child Care Nutrition Program is dedicated to improving the health and well-being of children in the Licensed Family Home through nutrition education, greater access to nutritious foods, and the support of the Family Child Care Professional.

CN Label Numbers: 090316	CN	
CN	CN Statement: Five 0.72 oz. fully cooked whole grain breaded chicken breast pattie chunks with rib meat provide 2.00 oz. equivalent meat/meat alternate for the Child Nutrition Meal Pattern Requirements. Use of this logo and statement authorized by Food and Nutrition Services, USDA 8/2014	CN
	CN	

Many of you are wondering which products require these labels. Generally **any prepared commercial, canned, or frozen product** for which you are **crediting the meat /meat alternate** in the product as part of the meal **requires a CN label.**

If you serve these products **and wish to credit the meat/meat alternate in the product, please save the CN label.** In the event of a home review, **these labels must be on hand for review.**

Examples of products that require a CN label in order to credit the Meat or Meat Alternate as part of the meal:

- Commercial Pizza /frozen pizza
- Canned or frozen casseroles containing meat, such as lasagna
- Frozen burritos
- Canned or frozen products containing meat, such as beef stew, ravioli
- Frozen pot pies

If you would like to serve these products, and not worry about CN labels, simply serve an additional meat/meat alternative, such as a slice of cheese, a hard -boiled egg, yogurt, etc.

Costco Chicken Nuggets and Fish Sticks Update:

Chicken nuggets and Fish Sticks ALWAYS require a CN label. **Many of the products sold at Costco DO NOT have the label, and the Disney Chicken Nuggets currently in the stores no longer have the label.** It is important to be familiar with the label, and check to be sure it is there. Providers report finding Chicken Nuggets and Fish sticks which **do contain CN labels in Fred Meyer and Winco stores.**

Reminder

LUNCH MEATS, DELI MEATS, are currently NOT creditable with CACFP, OTHER THAN THE EXCEPTIONS LISTED BELOW. These products contain binders and fillers and would have to contain a CN label to be credited and currently NONE DO.

UPDATE!!!!

EXCEPTIONS: Frankfurters which contain NO BINDERS OR FILLERS ARE CREDITABLE. Hebrew National Brand Frankfurters which contain no binders or fillers are creditable. Bologna which contains NO BINDERS OR FILLERS is creditable. HAM AND TURKEY HAM, AND HAM AND TURKEY HAM LUNCH MEAT ARE CREDITABLE.

Meats and Meat Alternatives That Do Not Require CN labels:

Eggs, Cheese, Peanut Butter, and Other Nut Butters, Tuna, Beans and Legumes*Nuts and Seeds, count as only half a serving of meat /meat alternative at lunch or dinner; *Cottage Cheese (a TWO OUNCE serving of cottage cheese equals ONE OUNCE of meat/meat alternative.)



Opportunity Council Child Care Nutrition Program | A program of Opportunity Council
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Opportunity Council Child Care Nutrition Program <http://www.opcco.org/publications/>
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The Child Care Nutrition Program at the Opportunity Council is operated in accordance with USDA policy. Meals will be made available to all enrolled children without regard to race, color, national origin, sex, age, or disability. Any person who believes that he or she has been treated unfairly in receiving food service should write to the secretary of agriculture, Washington DC. 20250.